

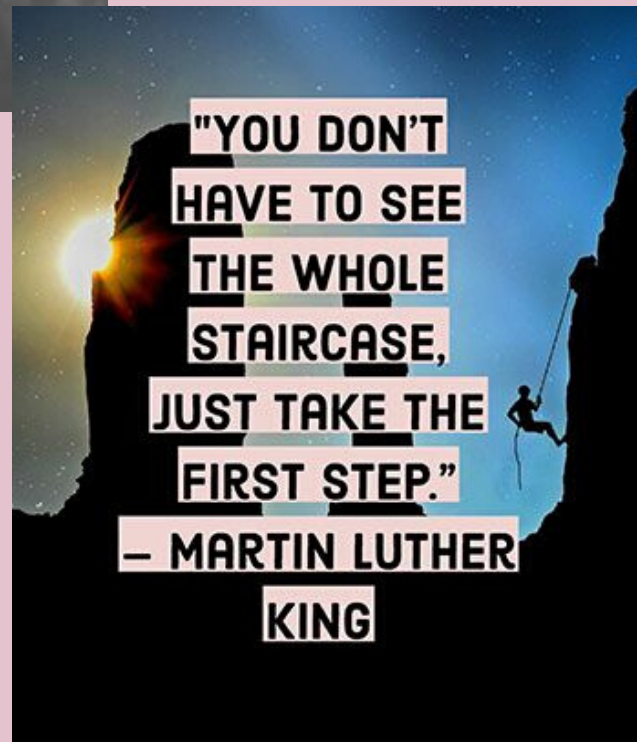


Courage is knowing
what not to fear.
Plato



“WHEN NOTHING IS
SURE, EVERYTHING
IS POSSIBLE.”

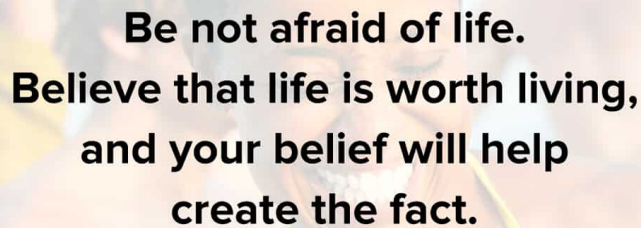
-MARGARET DRABBLE



**"YOU DON'T
HAVE TO SEE
THE WHOLE
STAIRCASE,
JUST TAKE THE
FIRST STEP."
- MARTIN LUTHER
KING**

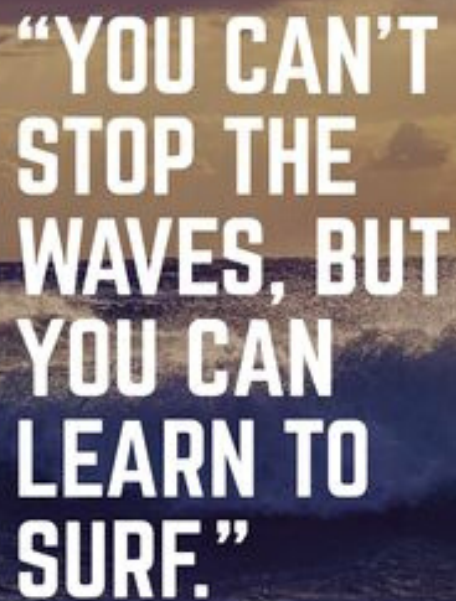


He who has
overcome his fears
will truly be free.
Aristotle




**Be not afraid of life.
Believe that life is worth living,
and your belief will help
create the fact.**

William James



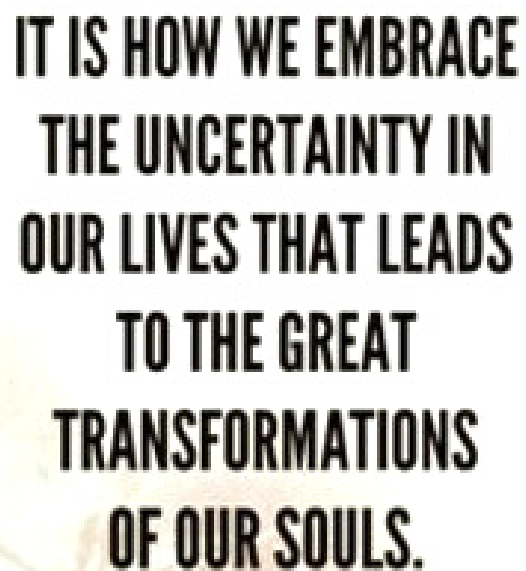
**“YOU CAN’T
STOP THE
WAVES, BUT
YOU CAN
LEARN TO
SURF.”**

JON KABAT-ZINN



**"Courage is not the
absence of fear, but
doing something in
spite of fear."**

~Unknown



**IT IS HOW WE EMBRACE
THE UNCERTAINTY IN
OUR LIVES THAT LEADS
TO THE GREAT
TRANSFORMATIONS
OF OUR SOULS.**

Brandon A. Trean